

Business Meeting of the  
**Challenging Behaviour and Mental Health Special Interest Group**

**Singapore, 25<sup>th</sup> June 2009**

**Present**

David Allen (Co-chair, Wales, UK)  
Michael Seidel (Executive Committee Member, Germany)  
Jane McCarthy ( Executive Committee Member, England, UK)  
Susan Hayes (Executive Committee Member, Australia)  
Keith McVilly (Australia)  
Ian McClean (Australia)  
Henry Kwok (Hong Kong)  
Kim Sanders (United States)  
Vivienne Riches (Australia)  
Julie Beadle-Brown (England, UK)  
Phil Flint (Australia)  
Illiana Magiati (Singapore)  
Glyn Murphy (England, UK)  
Kathy O'Grady (Ireland)  
Janet Millward (Australia)  
Germain Weber (Austria)  
Kim Meyer (Australia)  
Bob Davis (Australia)  
Olivette Mikolayczak (Belgium)  
Olive Webb (New Zealand)  
Ali Uzma (Pakistan)  
Shazia Hasan (Pakistan)

**Agenda**

<b>Item Number</b>	<b>Item</b>	<b>Action</b>
1.	<b>Introduction</b>  The Chair gave a brief account of the history and mission of the group. One addition to the mission statement was suggested in the form of an objective that reflected a focus on supporting and meeting the human rights of people with complex behavioural and mental health needs.	Michael Seidel to draft and circulate to Executive Committee.
2.	<b>Progress Report</b>  The Chair then gave a brief report on the SIRG's progress since its formation at the Cape Town Congress in 2008.	
2.1	<b>Administrative Matters</b>	

	<p>A number of administrative matters had been addressed over the previous 9 months including the writing of new bylaws (which were available via the SIRG page on the IASSID website), clarification of the group's finances, and ratification of its current membership. The latter currently stood at 134, which was felt to be a healthy figure. Attendees were made aware of arrangements for joining the SIRG and encouraged to do so if they were not already members.</p>	
2.2	<p><b>Website</b></p> <p>The website of the predecessor group had not been updated for 2-3 years. This had now been achieved and, in addition to the bylaws, biographical and contact details of the Executive Committee, copies of the SIRG newsletter and business meeting minutes were also posted there. The aim was to produce a newsletter twice yearly; the first had been positively received, and the second would appear and be sent directly to all members within 2-3 weeks of the Singapore Congress.</p>	
2.3	<p><b>Teaching</b></p> <p>A number of conference and teaching presentations had been made by the SIRG. Angela Hassiotis was leading on these. Angela would be contributing to a round table on stigma and mental health at the 7th European Congress of Mental Health in Intellectual Disability in Amsterdam in September, and was also presenting IASSID Academy workshops on behavioural phenotypes and managing challenging behaviour in Malaysia shortly.</p> <p>The intention was to hold either a symposium or workshop on the recently produced joint guidance on challenging behaviour from the Royal College of Psychiatrists, the British Psychological Society, and the Royal College of Speech &amp; language Therapists at the Rome Congress. It was also the intention to hold a least one SIRG-led presentational event at all future Congresses as far as was possible.</p>	
2.4	<p><b>Reports</b></p> <p>Further to discussions at Cape Town, David Allen, Eric Emerson, Peter McGill, Craig Kennedy, Bruce Tonge, Paul Langthorne, and Anton Dosen were working on a position paper on the prevention of behavioural and emotional difficulties in people with ID.</p> <p>Angela Hassiotis and Peter Sturmey were working on a paper on evaluating interventions for challenging behaviour.</p>	David Allen
2.5	<p><b>Other Activities</b></p>	

	<p>Discussions were under way regarding the formation of a relationship between the SIRG and a leading ID journal.</p> <p>Some initial discussion had also taken place regarding possible relationships with the National Association for the Dually Diagnosed.</p> <p>Michael Seidel also raised the need to foster links with the European Association for Mental Health in Intellectual Disability.</p>	<p>David Allen</p> <p>David Allen</p> <p>David Allen</p>
<p>3.</p>	<p><b>Future SIRG Activities</b></p>	
	<p>An open discussion then took place on future actions that attendees would like the Executive Committee to consider. These focussed on how the SIRG pages on the website could be improved. A number of useful suggestions were made here:</p> <ul style="list-style-type: none"> <li>i. A profile page for each member that included a statement of their research and clinical interests and a direct link to their institutions webpage</li> <li>ii. A more interactive focus that, for example, could be used to make members aware of new research initiatives that were seeking international partners</li> <li>iii. A section that described and provided links to current best practice tools</li> <li>iv. Electronic copies of key papers that were produced by members of the SIRG.</li> <li>v. Copies of research measures devised by members</li> <li>vi. Copies of Position papers.</li> </ul> <p>A number of suggestions were made regarding topics for the former:</p> <p>Suspects with ID in the criminal justice system (Susan Hayes to consider)</p> <p>The debate and current position on specialist/ generic mental health services around the globe (Michael Seidel to draft a brief pro forma that would be circulated to members on this)</p> <p>The relationship between positive behavioural support and a recovery model.</p> <p>An international consensus statement, illustrated by effective case studies, of best practice in supporting people with behavioural and emotional needs. This was pursued under item 4.</p> <p>Glyn Murphy made the meeting aware that a proposal would</p>	<p>David Allen/ Angela Hassiotis to explore all these possibilities with the Executive Committee</p> <p>Susan Hayes</p> <p>Michael Seidel</p>

	<p>be presented to the IASSID Council on June 27th regarding the improvement of the IASSID website that would make such developments far more feasible.</p>	
4.	<p><b>Joint Production with Comparative Policy and Practice SIRG &amp; Ethics Affinity Group</b></p> <p>A lengthy and positive discussion then took place with members of the above named groups regarding the possibility of producing a joint position statement on reducing restrictive practices. Through the debate, the focus changed to the production of a document that embedded good practice on reducing the use of restraint, seclusion and emergency medication within the context of an overall approach which emphasised prevention as its main objective. Whilst not seeking to re-invent wheels, what was discussed was equivalent to a IASSID version of the joint RCP/BPS/RCSALT publication referred to above; Keith McVilly reported that work was currently being undertaken to develop an Australian document along similar lines and that collaboration with the authors could be beneficial. It was stated that the document would need to contain a good glossary regarding the terms used in the restrictive practice section given known international variations in this area.</p> <p>It was generally felt that a evidence based 'gold standard' statement would be of value, and that the document might appear in two versions-an executive summary that would be easily accessible for policy makers, commissioners, and providers of services and a more detailed, in-depth version that would be primarily aimed at clinicians and researchers. The Chair agreed to pursue the drafting of such a document and the following delegates indicated their willingness to contribute to its production:</p> <p>Kim Meyer  Olive Webb/ Sharon Brandford  Kim Sanders  Henry Kwok  Bob Davis  Vivienne Riches  Kathy O'Grady  Glynis Murphy  Olivette Mikolayczak  Julie-Beadle Brown would also seek interested parties from the Comparative Policy &amp; Practice SIRG.</p>	<p>David Allen/  Angela  Hassiotis</p>
5.	<p><b>Ted Carr</b></p> <p>Keith McVilly proposed that the SIRGs formally send their condolences to Ted's family following his sad death last weekend. David Allen agreed to do this on behalf of the</p>	<p>David Allen</p>

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	meeting	
6.	<b>Date of Next Meeting</b> Rome 2010 (exact details to be arranged)	David Allen